



# TAKE THE PLEDGE

Be an advocate for sports safety!



## COACH

The STOP Sports Injuries campaign needs your help spreading the word to your friends, family members and community about the importance of sports safety.

### *I Pledge To:*

- Protect my athletes from sports injuries by talking about how they feel physically after practice and games.
- Discuss proper injury prevention and the importance of playing sports pain-free.
- Keep my athletes playing safe during practice and games.
- Ensure that my athletes are taking the proper steps to stay safe before and after practice and games.
- Talk to parents about any concerns I have regarding an athlete's physical fitness to participate in practice or play in a game.
- Support the STOP Sports Injuries campaign by telling my athletes and their parents as well as fellow coaches about it.

For more information and details, visit the event page at [www.STOPSportsInjuries.org](http://www.STOPSportsInjuries.org) or Fan and/or Follow us at:

 Facebook.com/STOPSportsInjuries

 Twitter.com/SportsSafety

Name	
Organization/ School	
Address 1	
Address 2	
City	
State	
Zip	
Contact Email	

COACH